

4. If you had to spend the rest of your life with your back shape as it is right now, how would you feel about it?

Very happy
Somewhat happy
Neither happy nor unhappy
Somewhat unhappy
Very unhappy

5. What is your current level of activity?

Bedridden/Wheelchair
Primarily no activity
Light labor, such as household chores
Moderate manual labor and moderate sports, such as walking and biking
Full activities without restriction

6. How do you look in clothes?

Very good
Good
Fair
Bad
Very bad

7. In the past 6 months have you felt so down in the dumps that nothing could cheer you up?

Very often
Often
Sometimes
Rarely
Never

8. Do you experience back pain when at rest?

Very often
Often
Sometimes
Rarely
Never

9. What is your current level of work/school activity?

100% normal
75% normal
50% normal
25% normal
0% normal

(CONTINUED ON NEXT PAGE)

15. Are you and/or your family experiencing financial difficulties because of your back?

- Severely
- Moderately
- Mildly
- Slightly
- None

16. In the past 6 months have you felt down hearted and blue?

- Never
- Rarely
- Sometimes
- Often
- Very often

17. In the last 3 months have you taken any sick days from work/school due to back pain and if so how many?

- 0
- 1
- 2
- 3
- 4 or more

18. Do you go out more or less than your friends?

- Much more
- More
- Same
- Less
- Much less

19. Do you feel attractive?

- Yes, very
- Yes, somewhat
- Neither attractive nor unattractive
- No, not very much
- No, not at all

20. Have you been a happy person during the past 6 months?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

(CONTINUED ON NEXT PAGE)

21. Are you satisfied with the results of your back management?

- Very satisfied
- Satisfied
- Neither satisfied nor unsatisfied
- Unsatisfied
- Very unsatisfied

22. Would you have the same management again if you had the same condition?

- Definitely yes
- Probably yes
- Not sure
- Probably not
- Definitely not

Thank you for completing this questionnaire. Please comment if you wish.

9/25/03

END